

College of Nursing-Fort Lauderdale



Barbara Barrett DNP, ARNP

Dr. Barrett earned a Doctorate in Nursing Practice from the University of Miami a Master of Science in Nursing/Advanced Practice Registered Nurse (ARNP), specializing in mental health and wellness, from Florida International University, a Bachelor of Science in Nursing from Barry University, and a Bachelor of Business Administration from City University of New York/Bernard M. Baruch College. She is currently pursuing a Ph.D. in Family Therapy.

Her academic background includes experiences in didactic and clinical curriculum instruction and development, as well as administrative functions that support the quality and integrity of educational programs.

Her scholarly interests and practice focuses on emotional health and wellness in vulnerable populations such as adolescents and the elderly; she is the founder and chief executive officer of Mental Health Matters, Inc.—a private mental health practice that provides mental health and wellness services aimed at increasing access to underserved clients. Services are provided across the lifespan in community, outpatient, and residential settings.

Dr. Barrett serves as a consultant for the Florida Department of Juvenile Justice and Our Children Our Future, Inc. She also is the founder of The Soaring High Foundation, Inc.—a not-for-profit organization that focuses on adolescent lifestyle skills training, mentoring, and career guidance.